

HEART & SOUL YOGA

Rooted in Nature & History Retreat

COVID PROTOCOL:

For the safety and security of our Heart & Soul students, all retreat participants will need to show proof of COVID-19 vaccination or present a negative COVID-19 test 2 days prior to the retreat start.

Due to the ever changing world of COVID-19, these protocols may be updated as we get closer to the actual retreat dates.

For more information or questions on these protocols, please contact us directly at info@heartsoulyoganj.com.